

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

November 1990

After Ninety Days

By: V. T. | Denver, Colorado

From the May 1978 Grapevine

As I reflect on my first ninety days in the program of Alcoholics Anonymous, one thing clearly comes to mind: It never would have happened without you people. For the first time in my life, people care.

I can't believe the changes in my life in such a short period of time. I have a Higher Power to call my own. I have a measure of happiness. I have a roomful of friends every time I step into a meeting. And you're friends who like me even if I don't have the money to buy a round of drinks.

A lot of us don't socialize with other AAs outside meetings, but a lot more of us do. There are some of you I love, some of you I like, and some of you I don't like. The difference is that I can accept every one of you, whether I like you or not. We all have a single common denominator--a desire to stay sober. Nobody said we had to be wild about each other all the time. "Principles before personalities."

When I was drinking, I spent a lot of time feeling sorry for myself because not everyone liked me. How could they when I couldn't stand myself? Now that I am learning to like me, you like me, too! It was important for me to learn that I'm an okay person. Without you teaching me that, I doubt I would have lasted these ninety days.

You told me to make lots of meetings. I've done that, and I'm grateful. You said, "Ninety meetings in ninety days." I've made close to a hundred. You said, "Take the cotton out of your ears, stick it in your mouth, and listen." I've done that, too. I asked questions when they needed to be asked, but you answered most of them before I could ask. You said, "Get honest." I've tried, I really have. I must be getting better at it--I've been honest with myself enough to stay sober this long. I've passed up some really choice excuses to get drunk, too.

Getting sober hasn't all been a bed of roses, but then you never told me it would be. I still have my bad days when I fall into the trap of wanting more than I'm ready for. I want sobriety, money, success,

and happiness, and I want them all now! But these periods never last long. I remember where I was and the gratitude comes flowing back. I get lonely occasionally, but I know you are only a phone call away. Sometimes I think nobody really loves me, but then I remember that, as you showed me, a Higher Power loved me enough to choose me for AA. There is no greater love than that.

Almost in spite of myself, I am receiving all the things I need. I have a job, a roof over my head, and food to eat. I'm even beginning to get some of the things I want. And it's all because of you. You took a woman who was a total wreck physically, mentally, and emotionally, and you turned her into a human being.

You taught me love. You taught me that I was a good person, not a monster. You taught me to ask for one day's mercy at a time. You took my hand and led me from the depths of despair to the doorway to freedom. You are my family. I am a part of you, and you are a part of me. Without you, there would be no AA. Thank you for being there.

I pray that we will all always be there for the next me who walks through the door. I can't imagine a world without AA and without the people like you who make it work. I turn to you humbly in deepest gratitude. Thank you for my first ninety days.

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A Full and Thankful Heart

By: As Bill Sees It

One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine--both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.

I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know.

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September 1987

Blessings Then and Now

By: V. R. | Utah State Prison

A prisoner reflects on AA inside

AS I sit here in this cell at the Utah State prison, my mind has been revolving from the past to the present, trying to compare the blessings I've received in life--in the "past" and in the "now." Somehow, when I started this, I was sure the past would outweigh the now. But I was fooled. Even though I could list many more events of the past which I thought were blessings, I found they were just that, "events." I did not take those events and use them as blessings. And all those events remain only memories and have long gone out of my life. Yet in the "now" I can see and list blessings which are still with me and as long as I keep active in the principles of the Twelve Steps, those blessings stay with me.

Today I have life and enjoy it, if one can believe life exists locked up behind bars. Before I got here I was dying the slow death of a practicing alcoholic. Even in here, I could have continued on that path just as easily as on the outside. But I had the fortune (blessing) of knowing that Alcoholics Anonymous existed. And I made the decision that this was truly rock bottom for me and that I had to surrender completely. Another blessing on the "now" side.

After arriving here, I was corresponding with an aunt of mine in Texas. She told me my sister wanted to write and help me while I was here in prison. So, big deal? It is when my sister and I haven't corresponded for over twenty years. The first few letters were full of pain, but that is gone out of our letters and the joy of brother and sister love flows in each weekly letter. What a blessing!

When I got on this block I investigated for an AA meeting. There was a mandatory meeting where you received points for attending and the hope of getting an extra family meeting in the future. Needless to say the inmates came in body for those reasons. They wanted the points so they could look good before the board of pardons. The only participation was, "Did you mark me down for my points?" and "When are we getting the family meeting?" Then complete silence. Another blessing, even though it doesn't look or sound like one. But it did at least get the bodies there. (Since our progress has been on the up, the point system is no longer in effect.)

I wrote to New York, asking for information on the "Gold Key" group, as to whether it was registered, etc. They sent me all sorts of information dating back to 1946. Through my correspondence with GSO I got all sorts of literature, including some Big Books and the "Twelve and Twelve." They sent my letter on to the Grapevine, as I had inquired about a subscription to the Grapevine given to me by my home group. The Grapevine sent some AA material also. More blessings.

We now have two meetings a week, one Step study and a Spanish-speaking meeting. We are waiting for Spanish literature, Big Books, the "Twelve and Twelve," and *Living Sober*, which are on the way from New York. More blessings!

I go before the board in two days to receive my release date. It could be a release date from zero to five years for forgery of a \$100 check. Most people who are supposedly in the know say a six-month date, meaning I could apply for a halfway house and be out of here before Christmas. More blessings!

The biggest blessing is the fact that I've truly found my Higher Power. No way could I have considered any length of time behind bars as a blessing. But it truly has been. I certainly don't recommend coming to prison as a means of achieving blessings, but for myself, I wouldn't change it. Because of the time I have spent on meditation and prayer, the prayers answered, the growth I have experienced, the love, and the ability to truly look at myself have all been blessings. And I'm able to experience all these blessings each day of my new life. And I truly believe my Higher Power will be with me when I get out, no matter when the board decides that will be.

Another thing, our AA meetings have grown in body, as well as in participation. We are getting an "all groups" meeting for January--a three-hour meeting with outside guest speakers, with AA members from unit I, unit II, and SSD unit grouped together and some time afterward for fellowship. That is quite an achievement, but most of all it is another blessing. Not only has God answered my prayers, but he sent the bodies of other willing inmates to help.

So now, even though I'm locked up, the events of each day are no longer just events.

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September 1980

PO Box 1980

By: ANONYMOUS | Wisconsin

Revised forecast

Every second year, our small Midwestern town has a gala two-day fall festival, complete with carnival, band concerts, entertainment, street dancing on the square, and a long and colorful parade.

Just about the same time as our last festival, I had achieved X number of years of sobriety in AA, and I happened to read somewhere that anyone who has reached that level has only a ten-percent chance of ever returning to drinking. So I felt pretty smug--only a ten-percent chance!

Then, I went to the parade on a gorgeous autumn day, with only a ten-percent chance of rain, the forecast said. When the parade was only half finished, we had the damndest cloudburst you ever saw! Streets were flooded; marchers and spectators were drenched; parked cars filled up with water almost to the seat tops; kids got out canoes; parents had to snatch their babies out of strollers.

After that experience, believe me, I had a healthier respect for "ten percent," and I wasn't nearly so smug.

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A Portable Sanctuary

By: C. I. | Beloit, Wisconsin

ONE of the unique privileges of the Church during the Middle Ages was its right to grant "sanctuary," a form of immunity from civil authority. In practice, any person fleeing from the wrath of the law could receive full protection for as long as he remained within the physical walls of the cathedral buildings. The drawback was, of course, that the outcast, unless taking the vows of the Church and becoming a Brother, was eventually forced to return to the world of his pursuers and face the punishment from which he had fled.

It is in much the same fashion that our present-day AA offers to pursued victims of alcoholic failure a refuge from the wrongdoings of our past. Our pursuers are not necessarily the arms of civil authority (although sometimes this is the case); usually, the pursuit is maintained by the tortures of mind and body which force us to the terribleness of complete defeat.

The first physical AA surroundings to which we are exposed, whether they be a sponsor's home or elaborate clubrooms, grant us a "sanctuary" in which to "escape." Most alcoholics grasp at it in the manner that the victim of the Middle Ages clutched at the doors of the cathedral. For the first time in years we are able to find relief from the wreckage we have made of our lives; we are able to "unload" our stored-up confessions of despair and failure without being greeted by reactions of contempt or patronizing disgust. In the process of this primary "confession and absolution" phase, we begin to get a faint touch of the peace which had for so long escaped us.

Like the cathedral, however, the *physical* sanctuary of AA is valueless once we have left the actual walls within which we found it. The return to the world again brings us face-to-face with the same "insoluble" problems and "insurmountable" dilemmas from which we had fled. Thus, the *physical* sanctuary can serve only as a brief respite from the terrors of our existence.

But, and this is the most important "but" of our lives, *we* discover something our medieval counterparts never knew--a "sanctuary" that can be *taken with us*, a permanent refuge from our hunters! This "portable sanctuary" is, very simply, the peace of mind granted us if we choose to accept and practice the AA principles of living. Although a few of us may say, "If it's that easy, I don't need help. . ." (and go out and get drunk to prove it), most of us use the discovery as the convincing factor in making our decision to attempt the new life which the AA program extends to the alcoholic.

When we first utilize AA in revising our patterns of conduct, we actually begin, in effect, the construction of the sanctuary of mind and body which enables us to endure, and eventually even enjoy, the physical problems that once sent us cringing to the bottle for relief. As the benefits of this new personal approach to living gradually make themselves felt in our homes, jobs, and friendships, we make further additions to the mental walls of our individual sanctuaries, building stronger and stronger ramparts between ourselves and our enemies. At long last the day comes when, after constant effort, we are able to put our pursuers out of conscious sight and mind. And what a glorious day it is!

It's extremely ironic that this very time of "release" can become the end of our AA sobriety. Believing ourselves secure, we leave the sanctuary as represented by the program. Under the delusion that the specters of our past no longer exist, we attempt to "do it alone" as we had done before AA came into our lives. It is a most bitter lesson we learn--that the specters were waiting for us, just as surely as if we had never experienced sobriety.

If we retain enough sanity to recognize our slip, we begin laboriously to refortify our lives, thanking a Higher Power that we were given another chance. We may rebuild our foundations on cynicism or

resentment and inevitably slip again, perhaps to insanity and death. Or, utilizing the knowledge so painfully acquired, we can rebuild our sanctuary on AA bedrock to a strength that will never be allowed to crumble. If we choose the latter, we shall put the past out of mind--but *not* to the point of total forgetfulness. We shall not brood over the wasted years, but we will remember that we are much too close to them to allow ourselves ever again the fatal indulgence of complacency.

Now, as each twenty-four-hour period of sobriety merges from present to past, we ourselves must determine whether our program of recovery is worth the effort to keep our defenses secure. If it is, we will continue to climb the AA steps and, most important, will share what we have found with those who still flee.

We will, indeed, build a "cathedral" in our minds, and thereby find the only possible peace in our alcoholic lives.

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July 1987

The Drinks Job

By: M. L. | Clemens, Michigan

After losing everything many times over, making several attempts at suicide, failing at a twenty-eight day treatment for alcoholism, many geographic moves and job changes, I decided in my mind that the only thing I could do since I couldn't hold a job or stay sober was rob a bank!

I had walked into the same bank three weeks before but had turned around, walked out, and gotten drunk on gin.

But this time was different. I would do it. I knew I could just walk in, hand them a note, walk out with the money.

So on July 12, 1985 it happened just as I knew it would. I thought maybe I'd get lucky and they'd shoot me dead. But then again, if not, I'd go on a real binge this time, maybe out West somewhere where no one would know me.

I walked home with the money (I had no car) and threw it in the washer to remove the red stain the money had from the dye they put on it in case of a robbery.

My picture was in the paper the next day and anyone who knew me was sure I was the man in the picture.

Ironically, the night after the robbery I was picked up by the police in a playground drunk, and they gave me a ride home.

July 15, I called the FBI and turned myself in, stating I needed help. I was released on personal bond and entered treatment, at Sacred Heart in Detroit. This treatment was different--they lived AA there. They explained AA and spirituality in depth.

I was sober 115 days when I decided that I might as well get drunk; I was gonna go to prison anyway. I relapsed three times and then made a commitment to get what others had in AA, fail or not.

I got two sponsors, lots of phone numbers, and went to almost fourteen meetings a week. My life was turning around. I finally belonged. I was in the Fellowship, no doubt.

I walked in the courtroom with two AA friends and we said what we could to the judge. He remarked that my recovery was evident but that he had decided to give me one to three years. I was a little shaken but somehow knew that I had to be responsible for my crime.

I was to report to Oxford Federal Prison Camp on April 14, 1986,

(Job: Continued on page 4)

so I bought a ticket to Madison, Wisconsin, having no idea how I'd get to the camp from there--it was still sixty miles from Madison.

I had said my goodbyes and was now in Madison. It was April 12, I had plenty of time, it was 10:05 Saturday morning. I looked through the phone directory and found the East Side Alano club. I dialed and heard, "AA, East Alano." I stated my circumstances and that I needed a meeting. An older gentleman told me to wait right there. Within minutes he was greeting me with a handshake and we were off to a meeting.

After the meeting he offered me his home for two nights, plus he would drive me the sixty miles to the prison camp! We spent the weekend going to meetings and eating well. I was as ready as I'd ever be. AA had helped me more than I'd ever known.

I've been here at Oxford Prison Camp one month now. AA is Thursday nights at 7:00. I miss my meetings at home but I'm glad for even just one here. I receive mail from friends in AA so I get an additional meeting with each letter. My life is worth living today, and for that I'm grateful to God and the AA Fellowship.

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May 1987

Harry the Who?

By: R. P. | Milwaukee, Wisconsin

I note that in some areas of the country members state their full name at meetings, which is fine. Around here, nearly everyone just uses a first name.

Which immediately creates a problem. When referring to John, Jim, or Mary, one has to distinguish which John, Jim, or Mary one is referring to.

So new names spring forth. John becomes School-Teacher John, or John from the Friday Night Group, or John of John and Theresa, or Tall John, or Little John, or Happy John. Mary becomes Indian Mary, or Mother Mary, or Young Mary with the dark hair.

In one group the first Jane in was dubbed: Big Jane. The next Jane: Little Jane. Little Jane was actually taller than Big Jane, though neither was really big or little in any way. That's the way the naming went. And though an outsider would never figure it out, it made perfect sense to all of us.

Some names clearly come from one's job, as George the Tree-Trimmer, Fred the Plumber, Shirley the Secretary. Some are highly complimentary, as Gratitude Bill, who's known for always talking about gratitude; Serenity Sam, as he seems to enjoy life so very much. Some are simple identifications from articles of clothing. Like Harry the Hat.

The names can change along the way too, as I was first Quiet Ray, then later, Ray the Guy Who Sings All the Time, then simply, Ray the Writer.

To me, Young Mary with the Dark Hair has a much better ring to it than "Mary Smith." I like the sound of John of the Wednesday Morning Gratitude Group much better than "John Smith."

Alcoholics Anonymous is such a nice tribe to belong to.

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December 1998

Strength in Numbers

By: Anonymous | Ventura, California

There is much to be said, pro and con, about the many treatment programs available today. One criticism I've heard is: "They only love you until the benefits expire." Well, that did not prove to be true for me.

Two days after Thanksgiving, on November 22, 1995, I dragged myself (once more) into a detoxification unit for three hours and a cot, a pack and a snack and some poundage.

On my first night in the dayroom, I met an older woman, age sixty or so, named G. She had come in two days earlier on Thanksgiving following a severe relapse after more than sixteen years of sobriety. Someone had to assist her to her feet and hold a door open so she could get outside for a smoke. Seven days later when I came out of my own "fugue state," she said to me, "Welcome to the land of the living." She told me she'd been greeting me at meals and I had responded by staring blankly at the wall.

I said, "That's absurd! My grandparents raised me to respect my elders and respond with respect." So much for *my* clarity! Three weeks later we were both discharged back to life on life's terms.

The detox alumni were invited back on Wednesday evenings to share experience, strength, and hope with patients. Both G. and I returned for many subsequent weeks. Then she stopped coming.

I was still new then and didn't have her telephone number. Through the street grapevine, I heard that she had been picked up by the local police outside a liquor store where she was literally crawling on her hands and knees from drunkenness and lack of nourishment in a quest for a bottle of vodka. The police had taken her home since she refused intervention. This sounded too cruel to be a joke so I spoke up at our next alumni meeting and simply said, "If what I hear is true about dear G., may we have a moment of silent prayer for her?" A woman in the rear spoke up. She said, "It's true. She won't accept help. Won't and can't get out of bed. All I could do for her was get her a jug of vodka. I left her like that. She's dying!"

Another alumnus jumped up and said, "The heck with this. I have an eight-passenger van--let's go see her!" And everyone except patients, more than a dozen people, created a caravan of twelve-steppers!

The door to G.'s house was open. I was the first in. Emaciated is an understatement. She couldn't speak. I dropped to my knees at her bedside, spent five to ten minutes, and left. Everyone followed suit. At three A.M. she could take no more. She let Joe P., the plumber, carry her to his car and take her back to the hospital.

G. is sober and well today, working and attending alumni meetings religiously. She jokingly cusses the Dirty Dozen as she calls us. She insists that one, two, or five could never have gotten the job done. But it was the absolute strength in numbers and the love and caring we exhibited that made it impossible for her to refuse.

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November 1963

The 110-yard Line

By: J. W. | River Edge, New Jersey

What happened after a lush at a football game ran out of Old Mocus

IT was on a Thanksgiving afternoon a few years back, and *brother* was it cold outside! We were atop the Cincinnati Bearcats' football stadium, high enough in the stands to be flying something, though the blowing wind may have added to the sensation of soaring.

And speaking of soaring, the guy sitting next to me was way up in the clouds all by himself. He was talking loud, sitting, standing, weaving on his feet, then sitting again. His face was red and, despite the wind, you could smell his breath. What a package this guy is carrying, I thought.

"I feel sorry for his poor wife," said mine.

I felt sorrier for the drunk. He kept on rooting for the Cincy Bearcats--he had *that* part of it straight. But somehow I had a suspicion he thought we were at the Kentucky U stadium in Lexington, ninety miles away. Anyway, he was out in left field--or I should say, out somewhere on the 110-yard line. Real foggy.

Every time the Bearcats made a line play or completed a pass, Mister Wings would jump up and yell. Then he'd plump down and take a drag from a fifth of Mocus which he wasn't bothering to conceal beneath his coat. For awhile this was tolerable. I sat there nursing my jug of hot coffee and furtively studying him out of the corner of one eye.

I was new in AA and thought I had a special knack for analyzing drunks. This guy, I decided, was the extrovert loudmouth, big shot, full-of-bluff, roaring pinball type (whereas I had been the quiet, unassuming introvert who was prone to consume, shall we say, excessive amounts of fine Scotch with which I constructed highly creative daydreams). Yes, I had Wings' alcoholism pegged to a T. And in a subtle way (saying things like "It's a *shame* he's in such condition, isn't it?") I started reminding my wife of what a good boy *I* had turned out to be. "Umm," she would say, her eyes glued to the ball game.

After a bit--along about the end of the first quarter--my wife turned to me abruptly and said, "You were *worse* than he is. You'd have been off alone in a tavern some place, probably passed out over the bar by now. At least *he* got to the football game." So suddenly I decided I'd concentrate on the game and quit watching the foggy character next to me. (What did she mean, *he* got to the game?)

But Wings kept getting louder and louder, and the fifth of Mocus lower and lower. I could barely keep my mind on the ball game whether I wanted to or not, and some of the fans in our row were starting to get that toss-the-bum-out look on their faces. Finally, during the half intermission, Wings left to go to the men's room (he said so in a voice like one of the cheerleaders). And I thought he'd surely never make it back to his seat--and I was relieved at the idea. This guy is lushing it up too much for anybody else to relax and enjoy the game, I thought to myself, oh so self-righteously.

But then (thank goodness) a feeling of regret came over me. Why--as a member of the program--did I want to see poor Wings get lost in the stadium? Why wasn't I willing, even anxious, to try a Twelfth Step job on Wings? I mentioned this to my wife, and she said that even if he *did* come back for the second half of the game, which he probably wouldn't, I'd be wise to forget about twelfth-stepping a total stranger. "Remember," she added, "it's a program of attraction, *not* promotion. That's basic, isn't it?"

"Yea, I remember," said I. But then I thought, what about the pure, simple, warmhearted love of one poor drunk for another? Even if one of 'em is *sober*, isn't there a tie that binds? And now I found myself hoping like the devil that Wings would return.

Sure enough, about the middle of the third quarter, my boy navigated his way into our row and plunked down next to me. Wow! Wings was *really* fractured by this time. But I was glad to see him. I looked at my wife. "See, he made it back," I said. "I knew he would."

My wife told me to watch the ball game.

Then suddenly Wings surprised me by tapping me on the shoulder. And this was a switch because his voice was pitched way down low and he sounded half-way friendly. He excused himself in muted but somewhat slushy tones and right away I detected a note of pleading. He said he was asking a slight favor. He'd noticed I had a "li'l jug of somethin' there" and could he *please* have just *one* nip to ward off the cold wind which was starting to freeze his bones. Could he?

Now I noticed. His fifth of Mocus was gone. He didn't even have the empty any more. So *that* was why Wings came back; he'd seen me nipping at a jug, and to him a jug was for one purpose only!

It was cruel, but I handed it to him and said, "Go ahead, help yourself." He took a big swig of warm coffee. It sort of hit him hard, I guess. Like a shot of canned heat would hit a teetotaler.

"Whaddya, a wise guy?" said Wings, staring at me, then at the jug.

Then a cog must have clicked just right inside my mind. I remembered what they had told me back at the group about twelfth-stepping, and telling *your own* experiences. So I looked at Wings and said no I wasn't a wise guy, I was a coffee drinker because, among other things, the last time I'd been in the Cincy stadium I was so foggy that two cops had to help my wife put me in the back seat of our car.

Maybe I imagined it, but Wings seemed to relax just a little. I think he was ready to have somebody tell him what I tried to say. We ended up drinking what was left of the coffee (he got most of it), and my wife and I drove him home.

We've drunk quite a few pots of coffee together since that frigid November day. And today Wings (I'll still call him that for luck) is just as persistent about his sobriety as he was about getting back to his seat in the stadium so he could wangle a nip from my jug.

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November 1965

Thanksgiving --AA Style.

By: Anonymous

November, during which we in the U.S. celebrate the anniversary of the Pilgrims' first Thanksgiving, is also AA Traditions Month. Our AA Traditions which are printed on the inside back cover of each Grapevine, were designed and adopted by the Fellowship years ago to safeguard our individual sobriety and to insure, under God, that AA will be there when alcoholics come for help at any time in the future.

The Traditions serve to focus our gratitude. If there were no AA, if it were to go under in a swirl of dispute and self-seeking, how many of us would ever have come back from drunkenness; how many of us would be able to stay sober for long, alone? Our gratitude is practical--a matter of life and death.

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Come Join Our
Tuesday Nite Impaired
Professional AA
Meeting



Tuesday nights at 7:00
Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.
Hope to see you there!!



Threads of Recovery
presents

AA History
Through the Lens of the
General Service Conference Advisory Actions
1951 - 2023

Francine W.
Palm Desert, CA



Merri M.
Des Moines, IA

Concept 2

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

Fridays, Starting August 9, 2024

8amPT / 10amCT / 11amET / 4pmUK
Mtg. ID: 826-9431-0797
PW: 124145



LGBT AA Meeting
All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER
315 W Court Street
Milwaukee, WI 53212



Accessibility Lift in building
and plenty of parking in lot adjacent to the building
Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking."

<https://www.aa.org/>

Posted Dec. 2023



Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us
At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

[Click here for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.



Or Contribute using **PayPal** or your **Credit Card** from our website.

MILW. CENTRAL OFFICE

• E-mail us at:

dan@aamilwaukee.com

Hours:

M - F 9 a.m. to 4:30 p.m.

Sat. 9 a.m. - 12 p.m.

• Board of Directors

Meeting, in-person.

Wednesday following 2nd

Tuesday (odd months)

6:30 p.

• A. A. Meetings, Sun. at 9 a.,

Mon.- Fri. at 12:15 p.,

Sat. 9:15 a., & 10:30 a.

• Dist. 14 monthly meeting,

4th Wed. at 7 p.m.

• Dist. 16, monthly meeting

1st Thursday at 6:00 p.m.

Spanish Speaking Meetings:

Meeting at English Speaking Clubs

• Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.

• GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM

• GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution?

Use our **CONTRIBUTE**

button on our website:

aamilwaukee.com or

use our your **VENMO app**

from your smartphone.

Meeting Space Currently Available

• [DryHootch](#), 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)

• [West Allis Senior Center](#), 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).

• [Luther Memorial Church](#), 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com

• [St Peter's Episcopal Church](#), 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net

• [Anchor Covenant Church](#) 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane,

Oconomowoc, WI 53066,

(262) 567-6900 Email:

rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats

[Jesuit Retreat House](#),

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$390.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

ZOOM MEETING NEEDS SUPPORT!

ZOOM At Noon Women's Meeting

Monday, Wednesday and Friday at 12:00 PM (Noon)

[https://us02web.zoom.us/j/5877359740?](https://us02web.zoom.us/j/5877359740?pwd=Rytda2hwNlczeExqL1l2SjZFR2dYUT09)

[pwd=Rytda2hwNlczeExqL1l2SjZFR2dYUT09](https://us02web.zoom.us/j/5877359740?pwd=Rytda2hwNlczeExqL1l2SjZFR2dYUT09)

By phone, dial 312-626-6799 and enter Meeting ID #

Meeting ID: 587 735 9740 Password: 123456

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted.](#)
2024 [Area 75 Fall Conference.](#) Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells
2025 [Winter Service Assembly](#) – January 19 at the [Madison Senior Center Delegates Workshop](#) – March 9, at the [Madison Senior Center Spring Service Assembly](#) – April 6, at the [Madison Senior Center Summer Service Assembly](#) – June 22, at the [Madison Senior Center International Conference](#) – July 3-6, in [Vancouver, B.C., Canada](#)
[Fall Service Assembly](#) – September 14, at the [Madison Senior Center Area 75 Fall Conference](#) – November 7-9, at [Ingleside Hotel, Pewaukee, WI](#)

In-person meetings have started back up in the Area corrections facilities. Contact Eugene "Geno" P., Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com

- TAYCHEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINNE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: mcccoordinator@gmail.com.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: mcccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today's choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O</p> <p>Wed. 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.</p> <p>Fri. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday</p> <p>Mon. 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Tue. 1:00 p. 4:00 p. 7:00 p. Life House Beginners</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng</p> <p>Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p. 4:00 p. 8:00 p. Old School House</p> <p>Sat. 10:00 a. Big Book OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP) Fri. 12:00 p. T.G.I.F. Gp (IP) 6:30 p. Half Measurers (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillion Group.</p> <p>Sunday: (V & IP) 4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/ phone/video)</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In- person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP)</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT)</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book</p> <p>8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Mon. 7 p.m.** Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>• Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916</p> <p>Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone: (_____) _____ - _____

Email: _____

Home Group: _____



Years Name Home Group

38 (11/22/1986) Gordon M. Brown Deer Monday Night
42 (11/11/1982) Tom L. Airport Group



HAND OF AA TUESDAYS 7 PM

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible."
-AA Responsibility Statement

The Hand of AA Group meets in person and online Tuesdays at 7 PM CT. It is a literature meeting where a topic is taken from either conference approved literature or the AA Grapevine.

1st Week: Step
2nd Week: Open
3rd Week: Tradition
Other weeks: Topic



To join us in person: We meet at Mount Zion Lutheran Church 12012 W North Ave. Wauwatosa WI 53226. Parking and the entrance are behind the church off 120th St.

For Zoom:
Meeting ID "544 131 1866"
Password: 414

Or use the QR code to see the web page and a direct Zoom link

GRATITUDE GROUP TUESDAY 7:30PM
ST. LUKE'S EPISCOPAL CHURCH 3200 S. HERMAN ST.
BAY VIEW



WE GRATEFULLY NEED YOUR SUPPORT!
COME AND CHECK US OUT

Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use Venmo from your smartphone.

[@MilwaukeeCentralOffice-AA](https://www.instagram.com/MilwaukeeCentralOffice-AA)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



NEW MEETING ANNOUNCEMENT *The Next Frontier: Emotional Sobriety*

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI

25TH ANNUAL

MMAAC

**SAVE
THE
DATE!!**

MAY 30TH – JUNE 1ST 2025

Green Lake Conference Center



*Scan for
MMAAC.org*

W2511 WI-23

Green Lake, WI 54941



Scan for Green Lake Website

Featured Speakers TBD

**** SOMETHING FOR EVERYONE ****

- BBQ Dinner Saturday night
- 24hr Alkathons
- Motorcycle Rodeo with Field Events for Non-Riders
- Organized Motorcycle Runs
- Hospitality Area
- Biking, fishing, boating, swimming, golf,
- volleyball, disc golf, hiking, and more!!
- Souvenirs and Merch

Visit us at www.mmaac.org , for updates on maps, schedules, pre-convention events & other exciting convention information.

HOWEVER DO YOU WANT TO BE?